

2<sup>ND</sup> ANNUAL

# STATE OF THE HEART

ACCREDITED SYMPOSIUM

Saturday, May 28, 2011  
8:00 am – 3:00 pm

The Westin Harbour Castle,  
1 Harbour Square, Toronto, Ontario

Register On-Line Now at  
[www.ccrnmd.com](http://www.ccrnmd.com)

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CCRN  
Canadian Cardiovascular Research Network



## STATE OF THE HEART SYMPOSIUM REGISTRATION (REGISTER EARLY – SPACE IS LIMITED)

Registration fee: \$50.00 (attendance at the full day program, meeting materials, all meals, snacks and parking). **The Registration Deadline is May 26, 2011.** On-line registration only. Visit our website at [www.ccrnmd.com](http://www.ccrnmd.com) and click on the **State of the Heart registration icon**.

This program has been endorsed by the Heart & Stroke Foundation who is a proud supporter of the Canadian Cardiovascular Research Network



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This event has been made possible through grant support to the Canadian Cardiovascular Research Network from the following sponsors:



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This course was held under the auspices of the Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto and the Canadian Cardiovascular Research Network (CCRN).

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 5.5 Mainpro-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (5.5 credits)



[www.ccrnmd.com](http://www.ccrnmd.com)

CCRN is pleased to invite you to the second annual “State of the Heart” Symposium. This program has been specifically designed for physicians who have a particular interest in cardiovascular disease. The program will cover the latest CV management guidelines, late-breaking clinical trial results, and will address patient care issues encountered in daily practice. In addition, we will provide a glimpse into the future of CV risk management. CCRN has brought together a stellar faculty that will provide excellent teaching and opportunity for group discussion surrounding real-world implications. CCRN is proud to have the Heart & Stroke Foundation endorse this program.

For more information go to [www.ccrnmd.com](http://www.ccrnmd.com)

## LEARNING OBJECTIVES

- Discuss the appropriate use of contemporary and evolving antiplatelet strategies in ACS management
- Identify methods for achieving optimal glycemic control and cardiorenal outcomes in patients with diabetes
- Discuss treatment objectives for rate and rhythm control in AF, and review the 2010 CCS AF guidelines
- Describe and apply new options in stroke prevention in atrial fibrillation
- Explore the role of aldosterone antagonists in mild to moderate heart failure
- Explore the evolving use of percutaneous valve technology as an alternative to open surgical intervention
- Understand the evolving role of HDL modulation in CV risk reduction
- Discuss the potential role of personalized genetics to guide individualized risk stratification and drug selection
- To review the influence of dietary salt restriction on prevention and management of hypertension
- Understand and facilitate the implementation of strategies that empower patients to stop smoking
- Summarize an evidence-based approach to global risk reduction

## AGENDA

**Co-Chairs: Dr. Milan Gupta and Dr. Howard Leong-Poi**

7:15 am **Breakfast**

8:00 am **Opening Remarks** - Milan Gupta, MD

### SESSION 1 – Year in Review

8:10 am **Acute Coronary Syndromes - Contemporary Antiplatelet Strategies** - Shamir Mehta, MD

8:30 am **Preventing Clinically Important Outcomes in People with Type 2 Diabetes - What’s New?** - Hertzell Gerstein, MD

8:50 am **When Should an Antiarrhythmic Drug be Used in Atrial Fibrillation?** - Milan Gupta, MD

9:10 am **Atrial Fibrillation - New Options in Stroke Prevention** - Paul Dorian, MD

9:30 am **Question and Answer with the session panel**

10:00 am **Break**

### SESSION 2 - A Glimpse into the Future

10:30 am **Percutaneous Valve Replacement - The Future Is Now** - Mark Peterson, MD

10:50 am **Heart Failure: Combination Treatment Strategies** - Michael McDonald, MD

11:10 am **New CETPi - A New Era in Raising HDL** - Jean-Claude Tardif, MD

11:30 am **Bedside Genetic Testing - Are We There Yet?** - Robert Roberts, MD

11:50 am **Question and Answer with the session panel**

12:20 pm **Lunch**

### SESSION 3 - Life Style Modifications and Cardiovascular Risk Reduction

1:20 pm **Dietary Salt Restriction in the Prevention and Management of Hypertension** - Arun Chockalingam, MD

1:40 pm **Empowering Patients to Stop Smoking** - Robert D. Reid, MD

2:00 pm **A Global Perspective to Risk Reduction** - Salim Yusuf, MD

2:20 pm **Question and Answer with the session panel**

2:50 pm **Closing Remarks** - Milan Gupta, MD

3:00 pm **Symposium Close**