

Accredited Symposium

3RD ANNUAL

STATE OF THE HEART

Saturday, June 2, 2012

8:00 am – 3:15 pm

Toronto Congress Centre

650 Dixon Road, Toronto, ON M9W 1J1

Registration is available on-line at:

www.ccrnmd.com

 **CCRN**
Canadian Cardiovascular Research Network



This program has been specifically designed for **general practitioners, specialists, nurse practitioners, nurses, pharmacists, technicians and other allied health professionals** who have a particular interest in cardiovascular disease. The program will cover the latest CV management guidelines, late-breaking clinical trial results, and will address patient care issues encountered in daily practice. In addition, we will provide a glimpse into the future of CV risk management. CCRN brings together a stellar faculty that will provide excellent teaching and opportunity for group discussion surrounding real-world implications.

For more information go to www.ccrnmd.com

LEARNING OBJECTIVES

- Examine the role of combination therapy in hypertension management
- Apply practical strategies to identify and reduce cardiometabolic risk in susceptible populations
- Describe the appropriate application of combination therapy in dyslipidemia
- Identify the role of ethnicity based care for South Asians
- Discuss new options in stroke prevention in atrial fibrillation
- Summarize the evolving role of HDL as a therapeutic target
- Analyze the importance of HRT, Vitamin D and PPARs in CV risk reduction
- Examine future targets in cardiovascular risk management
- Describe appropriate management strategies for using new OAC therapies in patients with Atrial Fibrillation
- Explain appropriate management strategies and referral thresholds for patients with valvular heart disease
- Apply appropriate strategies for achieving glycemic control in patients with diabetes
- Identify practical steps for managing statin myalgias

AGENDA

Co-Chairs: *Dr. Milan Gupta and Dr. Subodh Verma*

Planning Committee: *Dr. Milan Gupta, Dr. Subodh Verma, Dr. John Axler and Michelle Tsigoulis*

7:15 am *Breakfast*

8:00 am **Opening Remarks** - *Milan Gupta, MD*

SESSION 1 – Year In Review

8:10 am **Combination Therapy As A Cornerstone In Hypertension Management** - *Sheldon Tobe, MD*

8:30 am **Living Longer And Leaner: Insights From The Canadian Cardiometabolic Risk Initiative** - *David Fitchett, MD*

8:50 am **Two Is Better Than One: Defining The Role Of Combination Therapy In Dyslipidemia** - *Robert Hegele, MD*

9:10 am **Cardiometabolic Risk In South Asians: Are We Ready For Ethnicity Based Care?** - *Milan Gupta, MD*

9:30 am **Panel/Participant Discussion**

10:00 am *Break*

SESSION 2 – A Glimpse Into The Future

10:30 am **The 50-Year Quest To Replace Warfarin: Novel Anticoagulants Define A New Era** - *John Eikelboom, MD*

10:50 am **HDL Raising, Endothelial Function And Plaque Inflammation: A Glimmer Of Hope** - *Subodh Verma, MD*

11:10 am **What's Old Is New Again: The Story Of HRT, Vitamin D And PPARs In Cardiovascular Risk Reduction** - *Ruth McPherson, MD*

11:30 am **The Cardiovascular Pipeline Of The Future (PCSK9, LpPLA2, Heart Rate Modulation)** - *Jacques Genest, MD*

11:50 am **Panel/Participant Discussion**

12:20 pm *Lunch*

SESSION 3 – Practical Management Issues

1:20 pm **Starting, Switching Or Stopping OAC Therapy: A Practical Approach** - *Jeffrey Weitz, MD*

1:40 pm **Valvular Heart Disease: Practical Tips For Primary Care Physicians** - *David Latter, MD*

2:00 pm **Achieving Glycemic Control In Diabetes** - *Amir Hanna, MD*

2:20 pm **And Finally... A Practical Approach To Managing Statin Myalgias** - *John Mancini, MD*

2:40 pm **Panel/Participant Discussion**

3:10 pm **Closing Remarks** - *Subodh Verma, MD*

3:15 pm *Symposium Close*

REGISTRATION

Registration Fee: \$100

(covers attendance at the full day program, meeting materials, all meals, refreshments and parking).

Register on-line at: www.ccrnmd.com

This event has been made possible through unrestricted educational grant support from the following sponsors:



Bayer HealthCare
Pharmaceuticals



Boehringer
Ingelheim



Bristol-Myers Squibb



Additional Financial Assistance provided by:
Abbott, Amgen, Merck, Lilly and Sorin

This course was held under the auspices of the Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto and the Canadian Cardiovascular Research Network.



UNIVERSITY OF TORONTO
FACULTY OF MEDICINE



CCRN
Canadian Cardiovascular Research Network

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by the Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto, for up to 5.5 Mainpro-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (5.5 credits)