



7TH ANNUAL
**STATE OF THE
HEART**

Saturday, September 24, 2016
8:00 a.m. – 3:15 p.m.

Allstream Centre
Pre-Function C & D
105 Princes' Blvd,
Toronto, ON M6K 3C3

Registration: \$150

Group discount rates available.

(covers attendance at the full day program, meeting materials, all meals,
and refreshments).

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto up to a maximum of (5.5 hours)

College of Family Physicians of Canada – Mainpro+:

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 5.5 Mainpro+ credits.



Register on-line at: www.sth.ccrnmd.com



www.ccrnmd.com

CCRN is pleased to announce the

7TH ANNUAL



STATE OF THE HEART SYMPOSIUM

WHY IS THE STATE OF THE HEART SYMPOSIUM IMPORTANT? The State of the Heart program has been specifically designed for general practitioners, specialists, pharmacists, technicians and other allied health professionals who have a particular interest in cardiovascular disease. This program covers the latest topics in cardiovascular and metabolic disease, guidelines, late-breaking clinical trial results, and addresses patient care issues encountered in daily practice. In addition, the State of the Heart program provides a glimpse into the future of cardiovascular and metabolic risk management. For the past six years, CCRN has hosted an outstanding faculty of Canadian leaders that provided excellent teaching and opportunity for group discussion surrounding real-world implications of the current evidence. Once again we will offer an excellent program with top faculty in 2016. For more information go to www.ccrnmd.com

CO-CHAIRS



Milan Gupta, MD, FRCPC, FACC
Associate Clinical Professor of Medicine, McMaster University
Assistant Professor of Medicine,
University of Toronto
Medical Director, Canadian Cardiovascular Research Network
Brampton, ON



Paul Poirier, MD, PhD, FRCPC, FACC, FAHA
Associate professor of pharmacy
Laval University
Director of the cardiac prevention/rehabilitation program
Institut universitaire de cardiologie et
de pneumologie de Québec
Quebec, Canada

STEERING COMMITTEE

John Axler, MD, CCFP, FCFP
CE director Department of Family and Community Medicine
Faculty of Medicine, University of Toronto

Jacques Genest, MD
Professor and Novartis Chair in Medicine,
McGill University Scientific
Director, Center for Innovative Medicine,
McGill University Health Center
/Royal Victoria Hospital

Rolland Leader, MD, FRCPC
Active consultant staff, Dept of Medicine, Cardiac Care
Program, Rougevalley Health System Ajax and Pickering
Campus Director, Leader Research and Health Services

Michel Sergerie, RN, MSN, CCN(c)
McGill Hospital, Montreal, QC

AGENDA

7:15 a.m.	Registration and Breakfast	
8:00 a.m.	Opening Remarks	Dr. Milan Gupta
	Session 1: Year In Review	
8:10 a.m.	Hypertension: SPRINT with HOPE towards CHEP	Dr. Ross Feldman
8:30 a.m.	Lipids: new drugs, new trials, new guidelines	Dr. Milan Gupta
8:50 a.m.	Diabetes: breaking through the cardiovascular risk reduction ceiling	Dr. Alice Cheng
9:10 a.m.	Heart Failure: a changing PARADIGM	Dr. Peter Liu
9:30 a.m.	Panel Discussion	
10:00 a.m.	Health Break	
	Session 2: Glimpse of the Future	
10:30 a.m.	Is aspirin on its last legs?	Dr. Jacob Udell
10:50 a.m.	Inflammation and atherosclerosis: taming the fire	Dr. Jean Claude Tardif
11:10 a.m.	SGLT-2 inhibitors and GLP-1 agonists: beyond diabetes?	Dr. David Fitchett
11:30 a.m.	The polypill - primary prevention for all?	Dr. Eva Lonn
11:50 a.m.	Panel Discussion	
12:20 p.m.	Lunch	
	Session 3: Practical Management Topics	
1:20 p.m.	Ethnic variations in cardiovascular disease: developing local and national strategies	Dr. Sonia Anand
1:40 p.m.	Challenges in lipid management	Dr. Milan Gupta
2:00 p.m.	The appropriate use and reversal of NOACs in 2016	Dr. Jeffrey Weitz
2:20 p.m.	Diet and cardiovascular disease: clearing the confusion	Dr. Paul Poirier
2:40 p.m.	Panel Discussion	
3:10 p.m.	Closing Remarks	Dr. Paul Poirier
3:15 p.m.	Symposium close	